

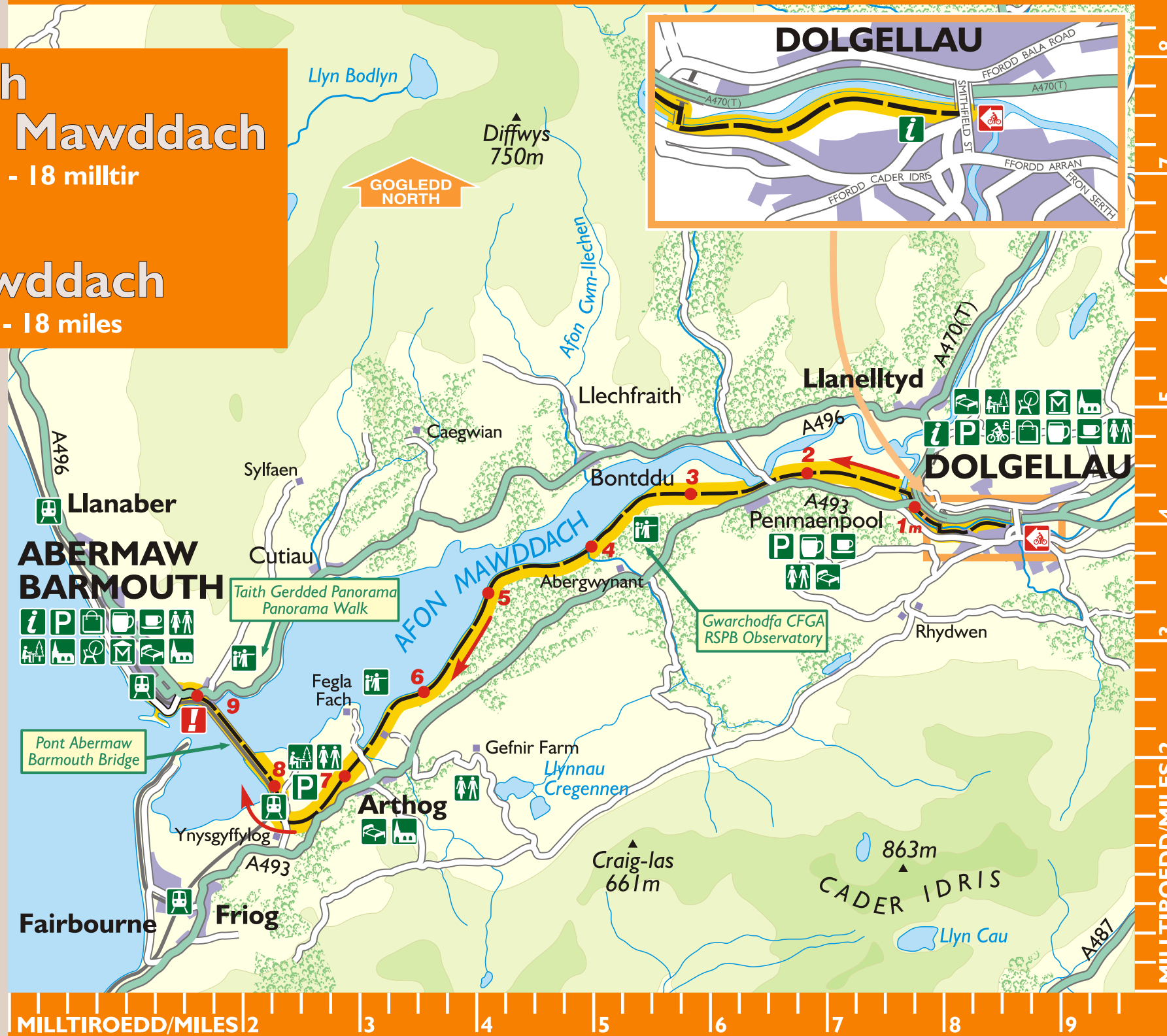
Taith Lôn Mawddach

Taith B - 18 milltir

Lôn Mawddach

Ride B - 18 miles

Eryri - Snowdonia



Taith B - Lôn Mawddach

- Mae'n hawdd teithio y llwybr yma wrth ddilyn arwyddion Lôn Las Cymru taith genedlaethol rhwydwaith 8.
- Mae'r daith yn dechrau o gongl gogledd orllewin maes parcio y Marian yn Nolgellau ac yn rhedeg yn gwbwl wastad yr holl ffordd i Bont Abermaw. Wedi teithio am tua hanner milltir, awgrymir i chwi ddod oddi ar eich beic i groesi'r bont droed sydd yn rhan o lwybr cyhoeddus, ac ail ddechrau beicio yr ochr arall.
- Teithio ymlaen am tua milltir cyn bod angen croesi yr A493, lle mae darpariaeth wedi ei farcio ar ochr y ffordd. Gadael y ffordd ger Pont y Wernddu ac ymlaen am Llyn Penmaen.
- Bydd angen teithio drwy faes parcio y warchodfa adar a chroesi'r ffordd sydd yn mynd at y tollborth. Mae'r drafnidiaeth yn teithio yn ara deg yma.
- Wedi ail gychwyn o Llyn Penmaen, gellir teithio ar hyd y llwybr yn ddi-dor nes cyrraedd Morfa Mawddach arwahan i un man croesi ffordd dawel yn Arthog. Mae'r llwybr yn teithio drwy'r maes parcio ym Morfa Mawddach ac ymlaen i'r dollborth lle ceir golygfeydd gwych o'r Aber.
- Rydym yn argymhell eich bod yn dychwelyd ar hyd yr un ffordd i Ddolgellau.

Ride B - Lôn Mawddach

- This is a relaxed and straight-forward route following the signs for Lôn Las Cymru (National Cycle Route 8).
- The ride starts in the north-west corner of the Marian car park in Dolgellau. It passes along the relatively flat Mawddach Trail all the way to Barmouth Bridge. After approximately half a mile a footbridge is reached. It is recommended you dismount to cross the footbridge in view of its public footpath status.
- Re-mount your bike on the other side to continue on for approximately one mile reaching a junction with the A493. Cross the highway with care using the provision marked at the side of the road. Cycle through the car park and take care on the intervening lane to reach Pont-y-Wernddu (bridge). Cars on occasion use this lane. Beyond the bridge continue along the off-road track towards Penmaenpool.
- At Penmaenpool you will need to first accommodate the car park of the bird reserve and secondly the crossing of the road accessing the bridge and its toll-house. However, traffic is slow at this point. Cross the road to arrive before the George III Hotel.
- After the scenic Penmaenpool cycle on to reach two gates with a small car park linked to an access road for the village of Arthog. Dismount passing through gates before cycling on to arrive at Morfa Mawddach with its car park and railway station. Locate a path on the right of the latter which will take you first onto the embankment and then Barmouth Bridge. At this point there fine views of the river and surrounding countryside.
- To return to Dolgellau we recommend that you re-trace this route.